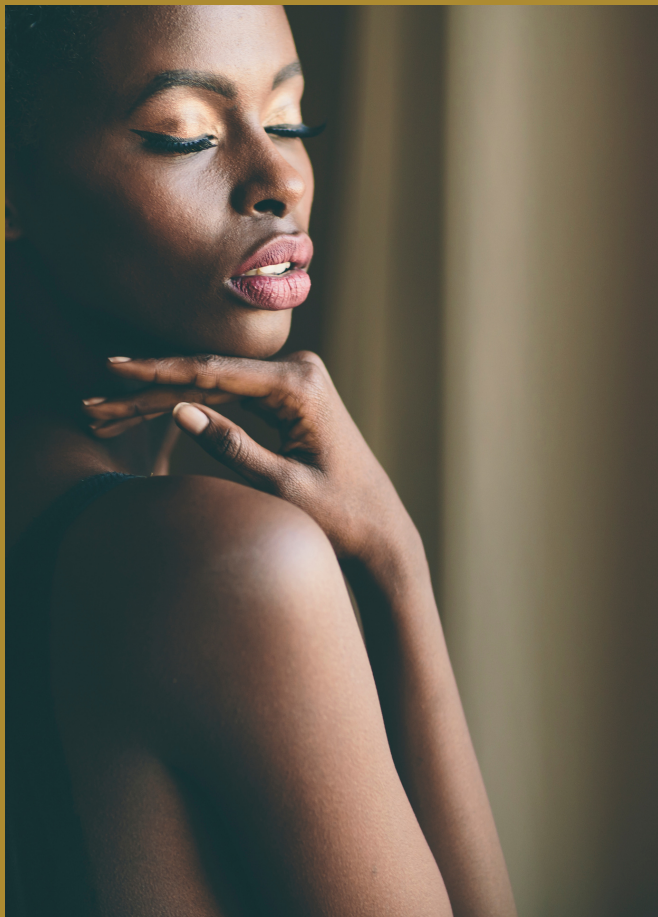


Rebirth Postpartum





WELCOME PACKET

REBIRTH POSTPARTUM is the most potent healing container for mothers on the planet - as a coaching program, online course + engaging community for mothers committed to thriving in life as mothers, goddesses, and matriarchs

HELLO *and* WELCOME

*You have taken a brave step to
take charge of your health on
all levels of your being - heart,
mind, body, and soul. In doing
so, you are stepping into a
powerful container of
transformation and sisterhood.
Here's to your next level in life,
Mama!*

Gasmine Minnifield xoxo

OUR *Mission*

Our mission is to support mothers through their extended journey of total recovery after childbirth - until they are thriving in body, heart, soul, and mind.

In my eyes, postpartum is like a beautiful internal winter, the season of the deepest rest and preparation for powerful transformation. You get to sow seeds for exactly what you want to harvest come Spring and Summer. I am dedicated to working with mothers to show them the tools, pathways, steps, techniques, and mindset shifts it takes to tap into their innate Divine Feminine Power - healing at the soul level all the way to the physical body.

We have created an online course, Mystery School, community, sisterhood, and coaching program that is truly one of a kind - for all the mavericks, independent souls, witches, medicine women, prayer makers, and natural Mamas out there - Welcome Home Beloved!



OUR *Story*

I laid down in my postpartum bed, after a seamless homebirth with my third child - and wept. I cried for the deep sense of loneliness that I felt as I devoted my body, nourishment, and attention to my newest addition. Those tears felt ancient to me, as I felt the grief of my ancestors before me, who also did not feel the support needed to just REST and BE after the soul work of birthing their baby. I felt them, but I also felt a power that surged through me, I came to know that power as the Divine Mother, she held me and whispered purpose into my ear. I knew that I had to equip myself and other mothers with every tool needed to thrive and not suffer after childbirth.

There is a need to use this time of inward reflection to heal on a DNA level.

Postpartum is not a state of depression it is an invitation to a new level of personal power.

-Yasmine Marie



To get in touch with me...

WOMBOFPEACE.COM

Anytime you are needing to touch base, feel free to post in our Facebook group, group chat, or reach out directly to me via FB messenger. You can always shoot a quick email to info@wombofpeace.com as well. Make sure to follow me in all the right places to stay tuned and get access to even more goodies...

You can book your 1:1 coaching sessions [here...](#)



@YASMINEMARIEPERSONAL



@WOMBOFPEACEATL

CLIENT *Testimonials*

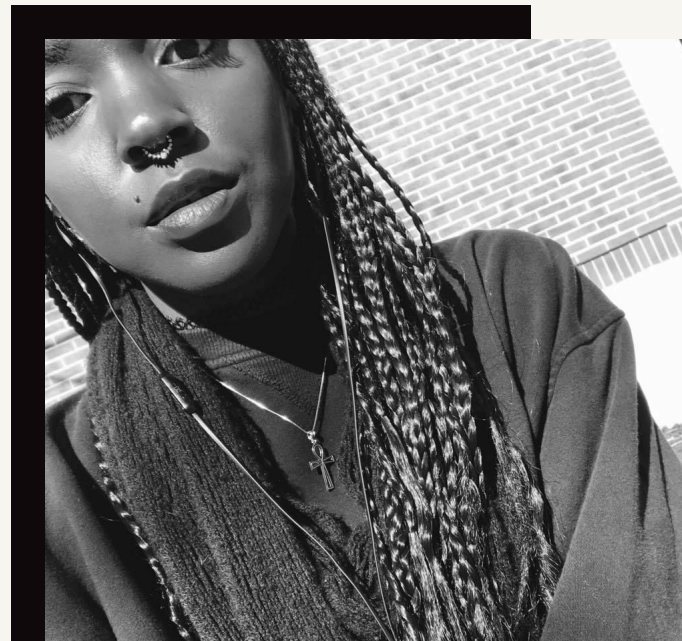


Alexandria said...

Pregnancy and having my son has changed my life. Yasmine has also changed my life. She not only holistically guided me through my pregnancy, birth, and postpartum; she help me develop a whole new perspective of life. I could never recommend anybody more for anything. Her knowledge of all things holistic healing and birth combined with her huge heart and peaceful demeanor, make for the best doula and friend a woman could ever have. I thank God that he led me to her. Choosing her as my doula was one of the best decisions of my LIFE.

Courtney said...

I'm becoming a true matriarch & this has been the first phase of that process.



CLIENT *Homework*

Yess, I know, homework already! It won't be too bad, I promise! But please make sure you are added to the Facebook group, and group chat, and are able to log into your course on Kajabi, both through the wombofpeace.com site as well as by downloading the Kajabi app on your phone and logging in with your email address. Once you are all set to go, take these steps...



Introduce yourself to the group, tell us why you are here and what you want to achieve in your time with Rebirth



Go ahead and work through the Welcome and Module Zero



Purchase the supporting books listed in the Pre-Work Section of the Welcome Module



Share your insights from these two modules with your group



Brew a cup of tea and kick back!